

THE AGELESS WOMAN IN BRIEF

Beauty and health

Women cannot be indifferent to maintaining their health which conditions their beauty and femininity after forty years and sometimes even before.

This health depends on the maintenance of the organism's structures, which are made up of proteins. The persistence of these structures depends on a natural hormone that prevents the destruction of these proteins. The production of this hormone is measurable in the blood. The levels of one hundred percent at the age of twenty decrease with time and are only fifty percent at the age of forty, promoting the appearance of wrinkles and a host of aging disorders, including a loss of libido.

Contrary to a belief that borders on dogma, the replacement of female hormones, estradiol, and progesterone, does not prevent aging disorders but rather aggravates them. It has been demonstrated for twenty years that these treatments can cause cancer.

After menopause, estradiol and progesterone are *physiologically useless* since these hormones are only necessary for human reproduction through pregnancy.

Before the age of forty, the use of the contraceptive pill can cause severe disorders due to the suppression of female hormones (estradiol and progesterone), causing artificial menopause.

The vast majority of women, and many doctors among them, are unaware that health depends on the third hormone secreted by the ovaries: testosterone and its transformation into dihydrotestosterone by the male sexual organs of women. You hear people say, "I'm a woman. Testosterone is for men". To think this is to condemn oneself to lose one's beauty and quickly experience aging diseases. It is essential to know that a healthy twenty-year-old woman secretes more androgenic hormones than female hormones. At the age of forty, this secretion is reduced by fifty percent.

Therefore, it is vital to replace the third ovarian hormone that is missing either because of any contraceptive pill or its lack of production after menopause. For technical reasons, this replacement is done without danger by an inexpensive molecule, mesterolone. This hormone is transformed in the liver into a natural hormone: dihydrotestosterone. "The ageless woman" explains how to grow young again

We are approaching a scientific civilization. It is up to the reader to take charge and share her knowledge with her gynecologist and her doctor, hoping that this book will help them.

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